

Cogniflor

Cogniflor is a complex of plant extracts and natural antioxidants designed to gently support cognitive functions, improve microcirculation, and protect nerve cells from oxidative stress. The formula combines traditional phytochemicals with modern nutraceutical solutions.

Basic version (enteric capsules) includes:

- **Phosphatidylserine** – a natural phospholipid that supports memory, concentration, and cognitive stability.
- **L-Carnitine (Acetyl-L-Carnitine)** – supports energy metabolism and mitochondrial function.
- **Gynura Procumbens** – promotes microcirculation and metabolic processes.
- **Taxifolin (Dihydroquercetin)** – helps protect blood vessels and improves capillary blood flow.
- **Fulvic Acid** – enhances absorption of nutrients and supports the body's adaptation.

Convenient for daily use to maintain cognitive function, energy, and vascular protection.



HARMONY AND HEALTH



In the enhanced version, the basic formula is supplemented with:

- **Astaxanthin** – powerful antioxidant support for membranes and mitochondria;
- **Glutathione** – helps protect cells from oxidative stress;
- **Danshen (Salvia miltiorrhiza)** – supports microcirculation and provides neuroprotection.

The enhanced version is recommended for course use during periods of increased workload or stress, when additional antioxidant and vascular support is needed.

Usage Instructions

Basic version: 2 capsules per day (morning and midday), 30 minutes before meals;

Enhanced version: 1 capsule in the morning on an empty stomach;

Course: 20–30 days, then a break of 1–2 weeks.

Disclaimer

Cogniflor is not a medicinal product. The information is for reference only and does not replace professional medical advice. Consult your doctor before use, especially if you have chronic conditions or are taking other medications.



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