



EstroGard 3D – an innovative phytocomplex for supporting women’s health.



It combines systemic, accelerated, and local action to balance hormonal levels, protect the liver, blood vessels, and mucous membranes.

Key Ingredients and Their Proven Effects

Black Cohosh (*Cimicifuga racemosa*) – phytoestrogen-like effect, reduces hot flashes, normalizes sleep, stabilizes mood; confirmed by clinical studies in gynecology.

Gynura Procumbens – normalizes vascular tone, lowers blood sugar and cholesterol levels; confirmed by laboratory and clinical trials in Asia.

Silymarin – hepatoprotective, stabilizes hepatocyte membranes, accelerates liver regeneration; effectiveness proven in hepatology.

Taxifolin – powerful antioxidant, improves microcirculation, reduces oxidative stress; clinical trials confirm vascular protection.



HARMONY AND HEALTH



EstroGard 3D — a three-level system for women's health support.

Astragalus — adaptogen, increases stress resistance, supports immunity; studied in traditional medicine and modern clinical observations.

Korean Ginseng — improves physical and mental performance, stabilizes energy levels.

White Willow Bark Extract — source of salicin, reduces inflammation and pain; clinical data demonstrate analgesic effect.

Fulvic Acid — improves micronutrient absorption, binds toxins; studies confirm its role in detoxification and enhancing nutrient bioavailability.

Amaranth Oil — source of squalene and tocopherols, nourishes and restores mucous membranes; clinical observations confirm tissue regeneration.

Sea Buckthorn Oil — healing and anti-inflammatory effect, improves mucosal elasticity; confirmed in dermatology and gynecology.

Three forms of products — enteric capsules, rectal suppositories, vaginal suppositories provide comprehensive coverage: systemic, accelerated, and local action.



HARMONY AND HEALTH



Usage Stages

Premenopause — gentle correction of early signs of estrogen decline, cycle normalization, reduced mood swings.

Menopause — relief of hot flashes, irritability, sleep disturbances, support for heart and vascular health.

Postmenopause — prevention of fibrosis and metabolic disorders, support for liver, blood vessels, bones, and mucous membranes, prevention of osteoporosis and atherosclerosis.

EstroGard 3D can be beneficial for women over 30, helping maintain hormonal balance, energy, stress resilience, and protecting blood vessels and the liver under increased load.

Forms of Use

Enteric capsules “Day Support” — systemic gentle balancing of hormones, vascular and liver protection, increase in energy and stress resilience.

Rectal suppositories “Night Regeneration” — rapid systemic action and recovery during nighttime rest.

Vaginal suppositories “Local Comfort” — moisturizing, nourishing, and restoring vaginal mucosa, improving tissue elasticity, preventing inflammation, supporting intimate health.



HARMONY AND HEALTH



Course of Application

Morning: 1 capsule on an empty stomach, 40 minutes before meals

Evening: alternate rectal and vaginal suppositories every other day

Course: 30 days, then a break of 2-4 weeks.

Disclaimer: These products are not medical drugs. Consult your physician before use.



HARMONY AND HEALTH